OVERCOMING IMPOSTER SYNDROME

TUESDAY
FEB 25TH, 2020
12PM - 2PM
GROSS HALL CONFERENCE CENTER

TERRANCE MAYES
Associate Vice Chancellor for Diversity and Inclusion
College of Health Sciences

What am I doing here?

Have you ever asked yourself - Do I belong in Grad School? Am I good enough to make it in research? Will my incompetence be discovered?

These thoughts are very common in the competitive academic world and can be distressing at any stage of the academic journey. Rather than stay in the dark, you can talk it through with an expert!

During this workshop, we will explore the impostor syndrome phenomenon and develop strategies to combat it through the cultivation of increased confidence and resilience.

LUNCH PROVIDED FOR RSVP ATTENDEES
RSVP BY FRI, FEB 21: bit.ly/overcomingRSVP